

First Aid

Basic First Aid: Will include illnesses, environmental emergencies, bandaging and splinting.

CPR

Adult CPR for lay responders teaches what to do in emergency situations and how to recognize and care for life-threatening respiratory or cardiac emergencies. Learn Adult, Child and Infant CPR, Heimlich and AED's. Course is 2 hours long and will need to be renewed every two years.

Note: The one hour CPR Re-certification course will now be replaced by the 2 hour full CPR Certification course.

This change will make it possible to offer the course more often. You will still need to re-take the course every two years.